

# Growing Up with Jesus

## Week 1

### **DIGGING IN**

Have you ever felt afraid? Maybe you were afraid of the dark one night or afraid of a loud storm. Sometimes when we feel afraid, we look for somewhere safe to hide. Do you go and find an adult when you are afraid?

Finding an adult is a good idea, but you can also seek refuge with God. Refuge means a place where you can be safe. Sometimes just praying to God will help you to feel less afraid.

### **READ SCRIPTURE TOGETHER**

This week's story comes from Matthew 2:13-23 in the Bible (in the Beginner's Bible the story is called "An Angry King") story right before this one -- the story of Jesus' birth. This is the story of what happens next in little Jesus' life.

### **TALK ABOUT IT**

Jesus was still a toddler in this story, so he probably didn't understand what was happening, but I imagine his parents were very afraid.

The prophets had predicted that Jesus would grow up to become King of the Jews. Why did King Herod want to find Jesus?

How did God protect Jesus and his family?

*Recommended Reading: "Refuge" by Anne Booth*

### **PRAY TOGETHER**

Dear God,  
Help us to come to you when we are afraid. Help us to trust you to protect us and give us refuge. Help us to remember that you are always here with us.

Amen.

**GOD WILL COVER YOU WITH HIS FEATHERS. YOU'LL FIND REFUGE UNDER HIS WINGS. HIS FAITHFULNESS IS A PROTECTIVE SHIELD. PSALM 91:4**